Quick Fist

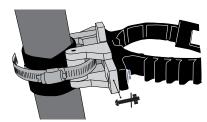
ROLL BAR TOOL MOUNTS

Fits all roll bars from 1" to 2.5" (25 to 64mm) in diameter

Contents:

2 ea. Delrin® Roll Bar mounts 2 ea. 9/16" x4" Stainless Steel hose clamps 2 ea. 7" x 1.5" Neoprene rubber strips 6 sets: 7/8" x #10 bolts washers and nuts.

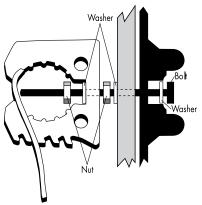
DO NOT INSTALL ON ANY PART OF A ROLL BAR THAT IS HIGH - ER THAN THE BACK OF THE FRONT SEAT. This minimizes life threat - ening objects from hitting an occupant in a roll-over. The safe working load (SWL) for two Roll Bar Mounts on a roll bar less than 1.5" is 50lbs. Roll bars 1.5" in diameter or more, the SWL is 100lbs.



Installation:

It is best to attach the QUICK FIST Roll Bar Mounts as low as possible on your roll bar. Bottles like Fire extinguishers or C02 tanks should touch a deck or floor of the vehicle.

- 1. Bolt the QUICK FIST clamp to the Roll Bar Mount so that the bolt comes from the base of the Mount, and the washer and nut are on top of the rubber clamp. Repeat for the second mount.
- 2. Wrap the rubber strip around the roll bar where the Mount will be attached. The rubber will protect your roll bar from scratches and elim inates movement caused by rough terrain. Trim off any overlap leaving about 1/4" gap between the ends of the rubber strip. Temporarily tape in place.
- 3. Open one of the hose clamps and feed the end through the Delrin Mount just above the base, close to the middle hole.
- 4. Tighten the hose clamp so that its screw is where the two ends of the rubber meet. Remove tape.
- 5. Repeat with the other Delrin Mount.
- 6. Check bolt tightness occasionally.



Installation of a High Lift Jack:

Using a 5/16" bit (do not oversize the drill bit), drill out the center hole in the Roll bar Mount and the mounting hole in the center of the original QUICK FIST Clamp.

First insert a washer over the interior middle hole. Then insert a 3" x 5/16" stainless steel bolt that is entirely threaded (not supplied), add a washer

and nut. Tighten. Push the QUICK FIST clamp onto the 3" bolt all the way to the nut. Add a washer and nut and tighten. Follow 2-6 above.

Mount the High lift bar on the two bolts and lock in place by closing each of the QUICK FIST clamps around the bar (under the handle).